

WESTCHESTER RECREATION AND PARK SOCIETY, INC. P.O. Box 152 • Valhalla, New York 10595



President's Message By: Joe Lemischak

As fall arrives so does a new year for the Westchester Recreation and Parks Society. I hope that you all had a very successful summer and now can take some time for yourselves. As we start looking toward 2012 we are all faced with the same challenges as in the past few years. All of our budgets are getting tighter and some of us have less staff. As I have said in the past the WRAPS membership is loaded with talented people that are confronting the same issues that we all are. Don't be afraid to look to your peers for advice.

The Downstate conference is scheduled for Wednesday November 16th at the Westchester County Center. This is a great opportunity to attend educational sessions, visit with vendors and network with fellow professionals from around the state.

I would like to thank Kevin Cook for once again organizing our kick off BBQ at the newly dedicated Joe Curtis Five Island Park. I'm sure that Mr. Curtis was looking down on our group with a smile on his face. The weather was a little rough but that didn't deter anyone from having a good time. Starting in January, Kevin has scheduled monthly lunch seminars that will run through May. These seminars are another great way to stay involved and informed with our profession. The WRAPS Holiday Party at the Kittle House will be held on Friday, December 16^{th} . This is always a fun event to celebrate the season, please save the date. As always I would like to thank our Executive Board members for investing their time and dedication in our great institution. I look forward to seeing you all during the year ahead.

Paddle on the Hudson By: Chris Soi

On a sunny yet chilly mid-September afternoon, 15 intrepid souls met on a small patch of land on the banks of the mighty Hudson River to challenge themselves, support a great cause and see if they could avoid capsizing their kayak! These fine men and women may have thought they knew what was in store, but they were about to set out that day on a three hour tour...a three hour tour. However unlike other infamous three hour tours, this kayak tour was a huge success and all participants not only returned safe and sound, but had a great time in the process.



On Friday, September 16th the NYSRPS Conference Committee organized a kayak outing on the Hudson River to help raise funds for the 2012 conference. The group met in Cold Spring at Foundry Dock Park to gear up, get properly outfitted and get a few pointers before heading out into the Hudson River and then into Constitution Marsh.

Continued on Page 2..

Paddle on the Hudson cont..

Chris Soi, Recreation Supervisor from Briarcliff Manor Recreation Department and part-time kayak guide for Hudson Valley Outfitters, was the lead guide and was assisted by Matt Nordt, Recreation Supervisor from New Castle Recreation Department. The tour was generously donated by Hudson Valley Outfitters and owner Teri Barr.



The participants, all of whom donated \$50 to the conference to attend, consisted of fellow recreation professionals as well as their friends and family. The outing offered participants the opportunity to paddle one of the most scenic sections of the Hudson Valley, learn about some local history and just enjoy a few hours on the water. The paddle through the marsh was calm and serene...the paddle under the train trestle to get to the marsh was a little more challenging, but we all made it!



The "Family Affair Award" goes to Erin Reidel from Rye Recreation and the Reidel Family...Mom, Dad and sister Emily. The award for "Furthest Distance Travelled" goes to Tom White from the Syracuse Department of Parks, Recreation and Youth Programs. We would like to thank all of those that attended this unique fundraising event. List of kayakers: Barb Diesem-Zimmons, Renee Donaghy-Coup, Katie Foucillo, Tom Meyering, Bob Reidel, Emily Reidel, Erin Reidel, Wilma Reidel, Tom White, Gail Talamini, Rick Levi (aka "Nestea Plunge"), Bob DePaolo. Guides and Fundraising Co-Chairs: Chris Soi and Matt Nordt.

NYSRPS Annual Conference

It is evident that this day in age brings with it many obstacles, from new technology, to growing demands for services and threatening flux in the economy. The face of the Parks, Recreation and Leisure industry is changing and we must learn to grow with it in order to remain successful. Our 2012 conference will teach you to do just that - join us by '*Boldly Going Forward*', as we bring you new ways of looking at these obstacles in order to turn them into opportunities for growth. Our dedicated Conference Committee, chaired by Peter Finn, is working hard to make this an experience you won't want to miss. For updates on conference details, please visit <u>www.nysrps.org</u>.



BITS & PIECES

GO YANKEES!



Dana Mayclim, Superintendent of Recreation Town of Lewisboro, Sally Rogol, Superintendent of Recreation City of Rye, and Daryl Ann Sudlow Assistant Superintendent of Recreation Town of Bedford enjoyed an afternoon out at Yankee Stadium on July 22, 2011. *Editors Note: A little disappointed with the water bottles, but apparently it was "too hot" to drink that day. Who knew they sold water at Yankee Stadium?!?*

Ike Kuzio of Westchester County PRC and Karen Kuzio of Briarcliff Recreation Department welcomed their second child, son Ryan Alex at 6:46 pm on September 19, 2011. Ryan weighed in at 7 lbs 1 oz and was 21 inches long.



Congratulations to <u>Gerry Salvo</u> who was just promoted to <u>Superintendent of Recreation for</u> <u>the Town/Village of Harrison.</u>

Congratulations to <u>Mario the Magician</u> and his wife Katie who welcomed their first child, daughter Gigi Antoinette on September 26, 2011.

JUST FOR FUN!

Word Jumble

You all know what to do with this one! Try and unscramble the letters for each word below to figure what that word is. Good Luck!

- 1. OEAEITNCRR
- 2. ODTEWSNTA
- 3. NEEFCOCREN
- 4. RKSEAEPS
- 5. NDSERVO
- 6. CTUYNO TEECNR

GUESS WHO!



After failing to make the cast for **"Welcome Back Kotter"** this fellow WRAPS member (3rd seat back) decided to hit the books and follow his true calling as a Recreation Professional!





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RECREATION THERAPY ACTIVITIES & CONTINUING EDUCATION

Sheepshead Nursing and Rehabilitation <u>Center</u> 2840 Knapp Street, Brooklyn, NY 11235

9-9:30 Coffee and Registration 9:30- noon workshop .2 CEUs per session

Monday November 14 - Programming for Regressed Participants- The needs and nature of individuals with dementia, chronic and persistent psychiatric illnesses and those with degenerative conditions. TR strategies to deal with difficult behaviors, leadership skill for enhancing the lives of the individual through goal oriented therapeutic recreation programming.

Register by November 4

Nassau Extended Care Center 1 Greenwich St. Hempstead NY 11550

9-9:30 Coffee and Registration 9:30- noon workshop.25 CEUs per session

Tuesday November 15 - Cooking Activities for Groups and Individuals in Therapeutic Recreation Activities - How and why to develop and lead cooking activities in therapeutic recreation. Learn how cooking activities can improve client functioning and the contraindications for this type of activity. Developing resources and materials for groups and individuals for easy cooking programs even if you don't have a kitchen.

Register by November 5

Somerset Gardens Assisted Living 150 Sunnyside Blvd. Plainview, NY 11803.

9:30- 10 Coffee and Registration 9:30 – 12:30 workshop .25 CEUs per session

Thursday December 1- Issues in Multiculturalism and Religion in TR Activities and their Impact on Programming and Leadership -_How do various cultures view and value leisure and recreation and how do these differences influence therapeutic recreation? Resource for providing religious observance in residential settings. Promoting tolerance and harmony in the diverse populations served in your facility. Register by November 20

<u>Cedar Manor</u> Cedar Lane, Ossining NY 10562

.2 CEUs per session Lunch and Learn

Join us for a Workshop & light lunch (Mini sandwiches, fruit, beverages will be provided or bring your own bag lunch!)

11:30 AM- noon Registration Noon - 2 PM- workshop

Thursday, December 8- New Educational Ideas for Cognitive Stimulation in Therapeutic Recreation: Science

Activities. Try something new to spark motivation in your staff and participants. Goal oriented techniques and leadership strategies for implementing science activities in your facility. Learn how to lead easy, safe, group pleasing horticulture, nature, cooking chemistry, simple experiments & other hands on activities.

Register by November 28

DATES TO REMEMBER!

<u>November 16</u> Annual Downstate Conference Westchester County Center ~ White Plains

December 16

Holiday Luncheon Crabtree Kittle House ~ Chappaqua

> January 18 WRAPS Luncheon

> February 15 WRAPS Luncheon

March 23 WRAPS Auditions Chappaqua, NY

JUST FOR FUN ANSWERS!

WORD JUMBLE

1.	OEAEITNCRR	RECREATION
2.	ODTEWSNTA	DOWNSTATE
3.	NEEFCOCREN	CONFERENCE
4.	RKSEAEPS	SPEAKERS
5.	NDSERVO	VENDORS
6.	CTUYNO TEECNR	COUNTY CENTER
4. 5.	RKSEAEPS NDSERVO	SPEAKERS VENDORS

GUESS WHO??



Wayne "Gold Chain" Bass, Assistant Superintendent, Town of New Castle Parks & Recreation Department



WRAPS HOLIDAY PARTY

Friday, December 16, 2011 At Crabtree's Kittle House 11 Kittle Road, Chappaqua 12 noon to 3:00 PM \$30 per member / \$35 Non Member Plus cash bar Grab bag! Door Prizes! Party Favor! RSVP to Roseanne at the Village of Mamaroneck 777-7784

TO REACH THE EXECUTIVE BOARD

Joe Lemischak, President	864-7036
Kevin Cook, Vice President	864-7064
Daryl Sudlow, Secretary	666-7004
Wayne Bass, Treasurer	238-7291
Dana Mayclim, Past President	232-6162

MEMBERS-AT-LARGE

Brian Gray	245-4650
Matt Arone	693-0024
Kevin Donnelly	864-7056
Matt Nordt	238-3909
Ike Kuzio	328-1542
Dave Goldberg	764-0947

CALL FOR GRAPEVINE ARTICLES!

The next issue of the Grapevine is scheduled to be printed in February 2012. Anyone interested in submitting materials must do so by Friday, January 20, 2012.

<u>Mail, Fax or E-mail Information to:</u> Ike Kuzio ~ Westchester County PRC. 1 Bronx River Parkway, Valhalla, NY 10595 Fax: 813-4358 *Iak2@westchestergov.com*